FOUNDATION NEWS

AUGUST 2011 • ISSUE NO. 192

LOS OLIVOS HOSTS LOCAL HIGHER ED FOODSERVICE EMPLOYEES FOR GENERAL MILLS BAKERY TRAIN

The Foundation invited Chef Rita Duggan and Paula Costa Bravo from General Mills to train the Foundation staff, as well as local higher ed foodservice employees, on the variety of uses for their bakery products. The training was hosted by Los Olivos Dining Commons on Tuesday, June 21, 2011.



Rita Duggan, General Mills Corporate Chef with Arnold Zavalza, Los Olivos Executive Chef

The Foundation invited 18 chefs from colleges and universities around Southern California including Azusa Pacific University, CSU Long Beach, CSU Riverside, Occidental College, The Collins College of Hospitality Management, Kellogg West, Los Olivos, and Bronco Student Center.

The training focused on using General Mills baking mixes to produce a variety of unique items. For example, coconut macaroons from angel food cake mix, shortbread cookies from cake mix, a variety of scones from muffin mix, and savory scones from biscuit mix. Sort of like the cookbook "The Cake Doctor."

The chefs were excited to get away and play for a day.

The training concluded with a challenge: Be the first to implement one of these products at your school, and get your name and picture on a Wheaties box!

Paula Costa Bravo, General Mills announced that that there was not one, but *two* Wheaties Box Champions (they responded within minutes from each other).

Congratulations to:

- Hany Makarious at Azusa Pacific University (Mediterranean Scones)
- Allison Cruz at UCR (Make More with Less Recipes: Mexican Chocolate Pumpkin Bar and Tiramisu Quick Bread)

Congrats again to both winners!









FOUNDATION NEWS

2

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INCOMING STUDENTS LEARN ABOUT FOUNDATION SERVICES AT ORIENTATION RESOURCE FAIR



Laura Orozco (l) and Donna Bebensee (r) hand out brochure (shown above) and answer student questions about Foundation services and job opportunities

C.A.R.E.S. GOES BACK TO SCHOOL

We are accepting donations of school supplies for the children at Kellogg Polytechnic Elementary School*



Please bring donated school supplies to Building 55 by August 31st. There is a box on the counter next to the break room. Thanks for your support!

*Cash donations are welcome; we'll shop for you! See Anne McLoughlin or Laura Orozco for details.

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Employee Profile: Jason DeBellis

Name: Jason DeBellis

Title: General Accountant, Accounts Receivable

Job Description: Audit and process sales reports for all enterprise units, including the Bookstore, the Village, and Kellogg West. I process all donations to the University and the Foundation, and generate cash receipts. I also submit franchise information for all of the Foundation's franchises. I have also audited change funds, and inventories including the cows.

I have a talent for: Accounting, problem solving, excel, socializing, making people laugh, playing video games and winning money in fantasy sports.

My biggest challenge is: Waking up on time, and going to sleep before 12.

What I like most about my job: The people are great, the flexible work hours are very nice, the benefits are good and 4 day weeks are awesome. I love that I can listen to my ipod at work.

Favorite childhood memory: Playing sports as a kid was a big part of my life and I loved playing sports, getting dirty, and causing mischief.

My biggest achievement: Graduating with a Bachelor's degree in Accounting from UCSB in 3 years with a 3.5 GPA, and landing a good job right out of college. Hopefully getting married and having kids will be next.

Community involvement: I did a lot of community service in high school including: working at soup kitchens, helping at retirement homes, helping tutor in math and economics, and have handed out food and helped build houses in Tijuana.

Career goal: I would like to work my way up at the Foundation, and also get my CPA license. I would also like to become an economics/accounting professor at UCSB one day. I would also like to start my own band. Most of all I would like to be happy.

Victoria & Jason at a festival selling cakeballs

Favorite food on campus: I haven't tried everything yet but I love Orange Chicken at Panda. I recently ate at Denny's and enjoyed their Chicken Panini.

Length of employment: I have been with the Foundation since November 2010 (9 months). I have been a full benefitted employee since May

Length of commute: I live in Yorba Linda so my commute is about 25 miles each way, and 30-40 minutes depending on traffic.

No one would ever guess: That I coown a Cakeball business (Tastycakeballs.com) with my girlfriend, and I was in a rock band in college (keyboard & vocals). I am also a season ticket holder for the Clippers.

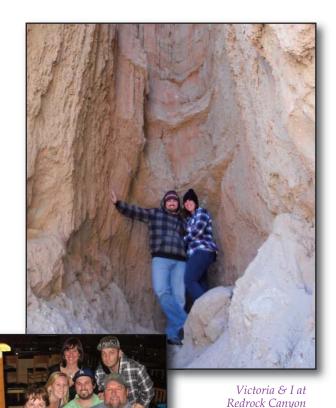
On weekends, I love to ... Hang out with friends and have a few drinks, watch sports (now that the NFL lockout is over), play sports, be outdoors, go to the beach, see movies, listen to music, play the piano, go snowboarding, go offroading, camping, anything else that is fun and exciting.

If I could change one thing ... One thing? Okay, my top 6 I would be rich, and have more free time

Jason DeBellis with girlfriend Victoria after a hike

to travel all over the world. I wouldn't mind being a little bit taller and more in shape and being a professional athlete. I would also love to be able

In five I years I will ... Have worked at the foundation for 5 years and 9 months, hopefully, have gotten a promotion, be married to my girlfriend, and have season tickets for the Lakers instead of the Clippers.



Jason's parents, sister, her fiancée, and Victoria celebrating his 25th birthday



Victoria & I at the LA Coliseum to see the LA Galaxy play Real Madrid

University Village



July at the University Village Apartments has been a surprisingly busy month for the Village Staff, but it's a good kind of busy! All three departments, Operations, Maintenance and Residential Education had big projects they were working on.

Prior to summer, the Village had a projected occupancy of approximately 30%. We can proudly say that we currently have about 50% of our apartments filled for summer which can be attributed to our Operations team who has been working tirelessly to fill spots for both summer and fall! Our current occupancy for the fall is right around 90% but spots have been filling up! One of the major Operations projects this summer has been in expanding our summer conference services. This summer the Village

hosted approximately 200 conference attendees from various groups including a teacher's conference and a group of students from Korea who were coming to Cal Poly to learn English. The conference groups have definitely added a different and special dynamic to our summer resident population!

Maintenance has been working hard all summer to get our apartments ready for our fall move-in day! All of our Phase 1 apartments are being renovated, including new paint and brand new kitchen cabinetry! The maintenance crew has also been working hard to complete laying concrete for the new bike racks that will be outside each of our Phase 1 apartments to help keep our residents bicycles safe and secure!

Finally, our crew of summer Community Advisors started the summer with a fantastic energy and are still going strong! Almost our entire team of CAs are new to the position and they've brought a new life and energy to the Village and it's been apparent in the attendance at their programs! The CAs first program of the summer, Rec Room Royale, was hosted at the beginning of July and was a game night for our residents featuring board games, video games, ping pong, pool and card games!

Residents were also treated to popcorn and snow cones. Our residents came out en masse and filled the Recreation Center for the full 3 hours of the program! The Village has also been hosting a weekly group exercise program open to both residents and staff! The program is being held at 7pm every Monday night in the Community Center and we've had a consistent group of 10-15 residents show up to get fit!

As you can see, it's been a quite busy summer for the Village and there's never a dull moment!



KELLOGG WEST WELCOMES PARENTS WITH SPECIAL RATE



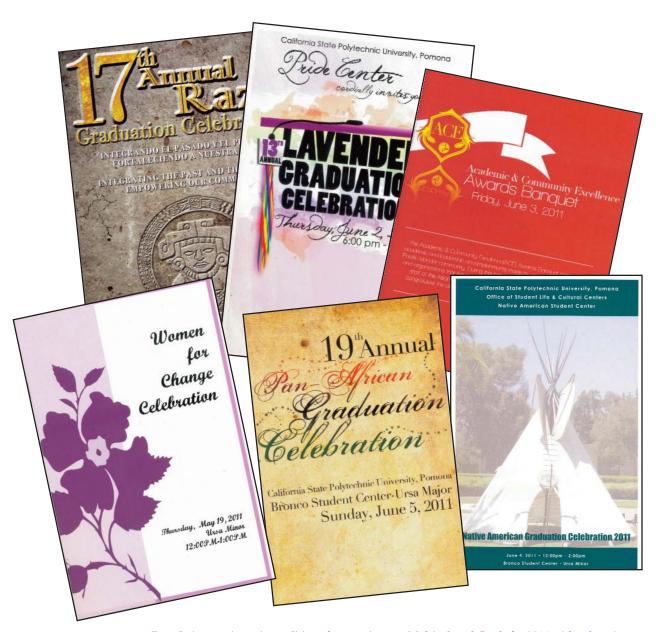


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FOUNDATION NEWS

FOUNDATION IS PROUD TO SUPPORT MULTICULTURAL GRADS



Foundation continues its tradition of supporting our Multicultural Grads for 2011 with a donation of \$100 to each group. A Foundation advertisement was placed in each graduation program.



WHAT YOU SPEND ON CAMPUS ... STAYS ON CAMPUS.

Surplus funds generated by all Cal Poly Pomona Foundation operations go back to the University to provide financial and facility resources to benefit students, faculty and staff.

For more information, visit our website at www.Foundation.CSUPomona.edu

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FOUNDATION NEWS

FRUGAL CORNER



5 EASY WAYS TO SAVE \$20 MORE EACH WEEK

I like saving money, but not to the point where it seriously infringes on my lifestyle and makes me look like a cheapskate. For instance, I'm sure if I never turned the lights on in my house, never took showers, and read books and ate dinner by candlelight, I

could save a lot money. But, I'm not Amish and happen to really enjoy electricity. My favorite ways to save money are when you don't really know that you're doing it—sneaky ways that add up to a good amount of extra dough at the end of the year. Here are five ways to save \$20 a week, without changing your life in any significant way.

1. Make Coffee at Home

Back when I worked a 9-to-5 job, a Starbucks opened up inside my office complex. I went at least once a day, sometimes twice a day if I was avoiding my boss, and spent around \$4.50 a cup. At six times a week, that added up to a cost of \$27 per week, \$117 per month, and \$1,404 per year. Now, I make coffee recipes at home. A bag of coffee costs around \$5, the creamer costs around \$3, and both last me at least two weeks. That's a difference of \$23 every single week.

2. Sign Up for Store Rewards Cards

Most major grocery stores and drugstores have their own rewards card, which you can use to get access to the sales and special discounts. Some stores, like CVS Pharmacy, also let you earn points with every purchase. Once a month or so, you can cash in those points for gift certificates at the store. Between the sales and other rewards, you can save up to \$200 a month. I typically save around \$20 a week by using the rewards card at my grocery store.



Better yet, find a dual purpose rewards card and make most of your purchases at that store. Several grocery stores, including Winn Dixie, Tom Thumb, and Kroger, also give you gas discounts. At Winn Dixie, for example, I earn \$0.50 off a gallon for every \$50 I spend on groceries. The program doesn't have a cap and I've had discounts on gas when I went to filled up on more than one occasion. [In Pictures: 10 Ways to Save on Big-Ticket Items]

3. Clip Coupons

Using coupons can easily save you \$20 or more per week. Although most people know that they need to use coupons at the grocery store, you don't need to stop there. Many other places accept coupons as well, including drugstores and major chains like Walmart. For even more savings, learn how to extreme coupon by timing the use of your coupons with store sales and promotions. Online coupon codes are another source of untapped savings for many people. Before you make any purchase online, do a quick search to see if the retailer has any available coupons. Several websites collect a database on all the coupons available online. RetailMeNot.com is a good one to keep bookmarked for your online shopping needs.

4. Eat One More Meal at Home a Week

I love eating out at restaurants, so I used to go out to eat at least twice a week, sometimes more. Then I looked at my spending over the past few months and noticed that I spent \$20 to \$25 per meal on average, or \$40 to \$50 a week. Since I cut it down to only once a week, I save about \$20. You can save even more as a couple or a family with kids. If you'd rather not limit your trips eating out, at least look for restaurant discounts and coupons or utilize group buying daily deals sites to cut costs.

5. Hang Your Clothes to Dry

Your dryer is to blame for a good chunk of your utility bill each month. And if you have kids, you probably do a lot of laundry. In fact, you could easily spend over \$100 a month powering up the dryer for each load. But if you stop using the dryer altogether and hang your clothes outside on a line instead, you can save that money. Hanging your clothes can work for apartment dwellers who do their laundry at the local laundromat as well. I used to spend \$3 per load each time I used the laundromat's dryers—five to seven loads a week. To save money, I started washing the clothes at the laundromat and hauling the wet loads back home. As long as I hang them up quickly, they don't mildew or wrinkle.

Final Thoughts

You don't have to be a miser who never leaves home or never turns on the lights in order to save every penny possible. With a few simple changes, you can save an extra \$20 per week. Whether you're saving for a dream vacation, a kid's college fund, or retirement, you'll reach your goal that much faster. What other small changes can you make in your life to save \$20 per week?

Angela Colley is a Money Crashers contributor who lives in New Orleans. In addition to frugal and green living, her interests include real estate, animal rights, and mob movies.

Source: http://money.usnews.com/money/blogs/my-money/2011/07/14/5-easy-ways-to-save-20-more-per-week

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WELCOME BABY BURKE!



Baby Karsten Burke, newborn son of Jill Burke, Foundation Employment Services, snuggles with his daddy - Heath Burke.

Karsten was born on 7/11/11 and weighed 7 pounds, 11oz. and measured 21 inches long.

Mom, Baby and Dad are all doing fine.

TIME TO VOLUNTEER!

28th Annual

Get a collectible t-shirt when you sign up to volunteer. Watch for more details in next issue of Foundation News. September 27, 2011 University Park 11:30 am

FARM STORE IS OPEN ALL SUMMER!

10:00 a.m. to 6:00 p.m. daily

