Congratulations to the Class of 2019!
4/10 Summer Work Schedule

The Foundation will implement a 4/10 work schedule during the summer break. The 4/10 schedule will begin Monday, June 3 and end Friday, July 26.

The typical workday will be from 7 a.m. to 6 p.m. and the standard one-hour meal period will be from noon until 1 p.m. (a 30-minute meal period is the minimum time). Please note that working beyond the 10-hour shift requires a second meal period of at least 30 minutes for nonexempt employees.

If you have any questions regarding the 4/10 work schedule, please contact Dennis Miller at ext. 2958.

Foundation Hosts Instructors from Kenya

The Cal Poly English Language Institute (CPELI) and the Cal Poly Pomona Foundation recently hosted two instructors from Kenya, Africa. The Foundation welcomed the visitors with BroncoGear, gift cards and more.

Note of Appreciation:

Dear Cal Poly Pomona Foundation,

We want from the bottom of our hearts to thank you. Our being here would not have been possible if it were not for you. Also, for the $25 gift cards that you gave us. We learned so much from your beautiful campus and are very enriched with knowledge. Thank you for making this possible.

Kindly,
Josiah Odundo &
Ruth Apondi
Mark Your Calendars!

MAY 2019

5/2  Cinco De Mayo Luncheon at Los Olivos
5/2  Staff Council Spring Boutique at University Quad
5/5  Cal Poly Pomona Tasting & Auction
5/8-5/10  Blood Drive in BSC
5/12  Mother’s Day
5/17-5/19  Commencement
5/20-5/23  Staff Appreciation Week
5/27  Memorial Day (Foundation and Campus closed)
5/29  Summer Session Begins
5/30-5/31  Blood Drive in BSC

JUNE 2019

6/16  Father’s Day
6/21  First Day of Summer
6/27  First Summer Session Ends
Innovation Brew Works Happenings ...

Beer and Cheese Pairing Class

Innovation Brew Works (IBW) will host a Beer and Cheese Pairing Class on Sunday, May 19. This class will be co-taught by Cheesemonger Alex Ourieff and Master Cicerone Gavin Harper. Participants will enjoy eight styles of craft beers from IBW and other acclaimed breweries, and five gourmet kinds of cheese. Instruction on how to pair specific beers with cheese will be given throughout the class.

For more information on the Beer and Cheese Pairing Class, visit ibrewworks.com.

Class of 2019 Beer

On Wednesday, May 1 Innovation Brew Works released “Class of 2019.” The “Class of 2019” is dark copper in color, full-bodied and boozy with notes of oak and fig. This celebratory Barrel-Aged Belgian Quad (9.2% ABV) is the perfect gift for any graduate or beer lover alike!

March Employee of the Month

The Innovation Brew Works March Employee of the Month was awarded to Verenice Sanchez. Verenice has been an employee at Innovation Brew Works for four months and has proven herself to be a valuable asset to our team. She has a stellar attendance record, a continuously positive attitude and an eagerness to learn new tasks.

Verenice is an Environmental Studies major at Chaffey College and hopes to one day transfer to Cal Poly Pomona. Her goal upon graduation is to work in wildlife conservation and rehabilitation. In addition to her schooling and job at Innovation Brew Works, Verenice also runs her own mobile pet nail trimming business.

Congratulations to Verenice on receiving this accolade from her team!
5 Relaxation Tips for Stress Relief

Courtesy of Verywell Mind

1) Breathing Exercises
These can be your first line of defense against stress. Breathing exercises are wonderful for relaxation because they can be used anytime and at any place, they work quickly and are easy to master.

2) Meditation
Many people try meditation and find that it’s a wonderful relaxation tool. Many others consider trying it, or try it a few times, and decide it’s not for them. If you’re in the second group, you may want to consider giving meditation another look — it’s excellent for relaxation as well as developing a more positive attitude and, if practiced long-term, greater resilience toward stress.

3) Music
Playing music is a great way to relieve stress and promote relaxation for your family and friends as well as yourself. (Okay, maybe your co-workers won’t enjoy hearing your tunes as much as you do, so perhaps this one is best saved for home and in the car.) Because music brings real benefits in terms of wellness (music therapy is a growing field), it can be conveniently used effectively for relaxation as well.

4) Exercise
It may seem that exercise is the opposite of relaxation, but a good workout can actually make you feel more relaxed afterward for a few reasons. First, working out can be a good way to release stress and blow off steam. Second, the endorphins released during a good workout can aid relaxation quite nicely. Additionally, exercise can get you into a state of flow where it’s difficult to stay stressed – your body has to move toward relaxation as your stress response begins to reverse.

5) Have Fun!
Yes, these relaxation methods don’t all have to be clinical and practiced. Letting loose and having fun with your family and friends is an excellent way to relieve stress and experience relaxation. The problem is that people don’t always prioritize plain old “fun” as an important part of life — they don’t fit time for it in their busy schedules (at least not nearly as much as they should) because they don’t realize the value of fun for balance as well as physical and emotional health. Well, now is the time to start working more fun into your life.

If you focus on stress management regularly, in a relatively short time, you can learn to more easily relax when you need to, and build resilience toward stress.
Operations Brew Manager Eric Bassett and Culinary Development Manager Tonya Tardd presented at the Huntley College of Agriculture’s Fifth Annual Farm to Table Spring Harvest Dinner on Saturday, April 27. The Farm to Table Spring Harvest Dinner honored Susan Kellogg-Bell and celebrated agriculture and food. The event also featured local chefs cooking meals with locally sourced ingredients.

Bassett and Tardd discussed Foundation Dining Services and the different ways that the Foundation incorporates farm to table elements on campus.

The Foundation donated Cal Poly Pomona Farm Store gift bags and gift cards to the Golden Leaves Ceremony for University Authors.

Since 1986, the Golden Leaves Program, which is funded by the Cal Poly Pomona University Library, has celebrated members of the Cal Poly Pomona campus community who have authored or edited a book in the preceding year.

Note of Appreciation:

I know that due to limited time, I wasn’t able to share all that I would like to have, but I hope what I did share was well and good and that someone in the audience can either benefit from my presentation and/or my book. Again, thank you and go Broncos!

Sincerely,
Karl Hill
Cal Poly Pomona Alumnus
Bronco Bookstore Blurbs ...

University Summer Session Incentive

The Bronco Bookstore is partnering with the University to offer a voucher to students that are attending a University Summer Session. Students who qualify for this voucher will be able to spend it at the Bronco Bookstore for books and supplies that are required for their summer classes.

Summer Hours/Bookstore Welcomes Orientation Groups

During the summer, the Bronco Bookstore will be open from Monday through Thursday from 9:00 a.m. to 5:00 p.m. During this time, select Bronco Gear will be on sale for the orientation groups that will be passing through, so be sure to drop by and check out what we have to offer!

Textbook Incentive Winners

The Bronco Bookstore would like to give a shout-out to the following departments for getting their fall semester adoptions in on time. Thank you for all of your hard work, and stay tuned for an email with information regarding prizes!

Accounting
Agribusiness & Food Industry Management
Agricultural Science
Art/Visual Communication Design
Chemistry
Collins College of Hospitality Management
Communication
Computer Science
Dance/Theatre
Electrical & Computer Engineering
Engineering Technology

Finance, Real Estate, & Law
Geological Sciences
Interdisciplinary General Education
Mechanical Engineering
Nutrition & Food Science
Physics/Astronomy
Plant Sciences
Regenerative Studies
Technology & Operations Management/E-Business
Urban & Regional Planning

Bronco Bookstore Welcomes New Staff Member

The Bronco Bookstore recently hired Laura Provencio as the new full-time Assistant Accounts Specialist.

Welcome to the Bronco Bookstore crew, Laura!
Innovation Brew Works (IBW) Celebrates Four-Year Anniversary

Innovation Brew Works (IBW) celebrated its fourth anniversary on Saturday, April 13 from 5:00 to 9:00 p.m. The theme of the event was “Keeping it Local” and featured craft beers, food, live entertainment, free brewery tours, a petting zoo and more.

A variety of specialty beer and food items were available that were created specifically for the festivity, and a majority of the specialty food items and beers included ingredients that were grown on the Cal Poly Pomona campus. Representatives from the Agriculture Department were present to provide information on the ingredients at the event.

To commemorate the occasion, guests were able to purchase special edition fourth anniversary drinking glasses.

For more information about Innovation Brew Works and dining hours, visit www.iBrewWorks.com.
Lauren Kipp has been a Kellogg West employee since October 2017.

During the short time that she has been an employee at the Kellogg West operation, Lauren has been able to work a variety of shifts at the Kellogg House and Kellogg West with exceptional service. Her attendance has also been superb despite her being a full-time student at Cal Poly Pomona.

Lauren is always willing to learn all aspects of the operation and has become a great driver for all of our catering events.

Kellogg West is pleased to award Lauren Kipp as our March 2019 employee of the month.

Sincerely,

Oscar Villanueva
Kellogg West
Senior Food and Beverage Manager
Employee Profile

Claudia Burciaga-Ramos

Job title: Administrative Assistant

Length of employment: About a month

What are your most significant accomplishments? Raising two well-rounded, confident daughters and buying my first house when I was 27 years old.

What is your favorite song? “Starting Over” by John Lennon

What are your hobbies? Reading, traveling, copying Mexican food recipes from YouTube and anything to do with Disney parks.

What is on your bucket list? Parachuting, becoming a certified diver and learning sign language.

If you could meet any public figure, living or departed, who would it be and why? My grandmother, she was a wise, strong woman and had a saying for everything.

What was your favorite childhood TV show? “Family Ties”

If you could travel anywhere in the world, where would you go and why? I would travel to Poland and Ireland. I made a promise to visit my friend in Poland (his country), and I would love to see all of the old buildings and learn about their history. I also promised my daughter that I would go to Ireland with her.

What is the best meal you’ve ever had? I tasted a lobster tail for the first time on a cruise; I ended up eating six of them.

If you were a crayon, what color would you be? Royal Purple

What was the best concert you have ever attended? I saw Prince in June of 2004.

What was your first job? My first job was a hostess in a retirement home.

If you could be any animal, which would you be? An owl
As the largest employer of students on campus, the Foundation offers valuable work experience and hands-on training to approximately 1,500 Cal Poly Pomona students each year. The Foundation offers positions in various fields; whether it is in the area of technology, science, retail, culinary arts, hospitality management, leadership or research grants, these student employees participate in Cal Poly Pomona's learn-by-doing philosophy and acquire practical skills in their designated field of study.

The Foundation also contributes operating support to nearly 1,100 Foundation and scholarship programs every year, including Bronco Athletics and the Norman J. Priest Scholarship. In addition, the Foundation administers grants and contracts, contributes to campus security, and supports several university publications. The Foundation contributes over $1 million annually to Cal Poly Pomona.

Because of your support, the Foundation is able to provide these beneficial services every year. Thank you for making your purchases on campus and contributing to the success of Cal Poly Pomona students and the university community.